

MARINE RESCUE TRAINING EXERCISES & WORKSHOP CARDS

COMPETENT CREW EXERCISES (CC EX)		SAR PLANNING EXERCISES (SAR EX)	
Ex0	Induction	Ex1	Fire response.
Ex1	Callout first arrival	Ex2	River SAR
Ex2	Stow & refuel	Ex3	Capsize response
Ex3	Launch & retrieve	Ex4	Tow off rocks
Ex4	Ropework	Ex5	Inshore search
Ex5	Moor & anchor.	Ex6	Search pattern nav
Ex6	Tows <small>See SAR Ex2 3</small>	Ex7	Search pattern nav
Ex7	Fire on board	Ex8	Lost offshore SAR
Ex8	Survival	Ex9	Lost offshore drift
Ex9	Radio protocol	Ex10	Combined SAR <small>Ex10 Extra info</small>
Ex10	Coast Orientation <small>See SAR Ex1</small>	SARCC NAV EXERCISES (SARCC EX)	
Ex11	Drift test <small>See SAR Ex8 9</small>	Ex	Intro charts/op area
Ex12	Right an upturned vessel. <small>See SAR Ex3</small>	Ex1	Position GPS
Ex13	Chart/GPS /Radar	Ex2	Intro nav plotting
Ex14	Firefighting <small>See SAR Ex1</small>	Ex3	Position bearing
Ex15	Maintenance	Ex4	Tabletop LKP/ drift
Ex16	F.A. update	Ex5	Tabletop LKP/ drift
RADIO TRAINING		Ex6	Search patterns
Radio lessons		SARCC WEATHER EXS (SARCC WEX)	
RESCUE DUCK EXERCISES (DUC EX)		Ex1	Presentation
Ex1	Launch & retrieve	Ex2	Local observing assignment
Ex2	Rollover	Ex3	Synoptic assignment
Ex3	River skills	MOTORBOAT SIMULATOR EXERCISES	
Ex4	Surf skills	Index of exercises	
RESCUE RIB EXERCISES (RIB EX)		NAVIGATION	
Ex1	Supervise launch	Radio operator nav. exercises.	
Ex2	Moors & anchors Rib	Boat crew nav. exercises	
Ex3	River driving skills	Index	
Ex4	Safely navigates river	WORKBOOKS	
Ex5	Bar crossing theory	Assist in SAR	
Ex6	Bar crossing practice	Conduct brief/debrief	
Ex7	Mob	Navigational emergency	
Ex8	Parallel/beach run	Participate in rescue	
Ex9	Towing	Prep response equipment	
Ex10	Managing vessels in difficulty	Supervise response	
Ex11	Search pattern nav	Radar course	
Ex12	Night nav.		
COXSWAIN RESCUE ONE EXERCISES (CR1 EX)			
Ex1	Supervise launch	Ex8	Heavy tow
Ex2	Moors & anchor CR1	Ex9	Capsized & sinking vessels
Ex3	Rules of road	Ex10	Vessel on fire
Ex4	Supervises emergency drill	Ex11	Wheelhouse equipment
Ex5	Bar crossing	Ex12	Night rest. vis. nav.
Ex6	Mob	Ex13	Medevac
Ex7	Towing	Ex14	Spills